



MENU





Our Special Dishes

Hot Oatmeal:

Served with honey and cream. **5.95**

Served with fresh fruit. **7.50**

Rise N' Shine: **9.25**

2 eggs, any style, served with bacon, sausage, or ham, homefried potatoes and toast.

Add 1 egg **1.00**

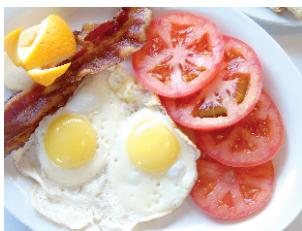


The Full Irish/ English: **18.25**

2 eggs, 2 Irish sausage, 2 Irish bacon, black & white pudding, grilled tomato, beans, homefried potatoes and toast or Irish bread.

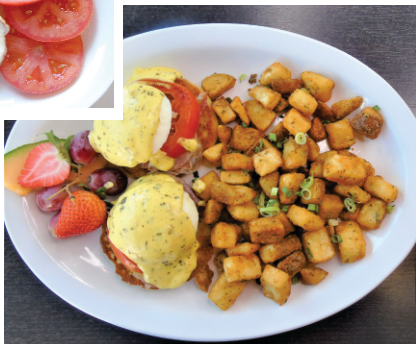
Fit N' Healthy: **12.25**

2 eggs any style, with greek yogurt or cottage cheese, fruit bowl and toast.



The Hungryman: **15.95**

3 eggs, 3 bacon, 3 sausage, tomatoes, beans, mushrooms, homefried potatoes and toast.



Brekkie Bagel or Kaiser Roll: **13.25**

1 egg, 2 bacon, 2 sausage, melted cheddar cheese and homefried potatoes.

Lunch served from 10:30 am to close. Please see our menu board or ask your server about our daily specials.

Benedicts

All served with home fried potatoes & garnish

The Irish: **17.25**

2 poached eggs on grilled Irish bread with Irish bacon and pudding, topped with horseradish hollandaise sauce.

The Basic: **14.95**

2 poached eggs, Canadian bacon, grilled English muffin and topped with hollandaise sauce.

The Surfer: **16.50**

2 poached eggs with smoked salmon and red onion on grilled English muffin with dill hollandaise.

Bruschetta: **14.25**

2 poached eggs on grilled English muffin, topped with bruschetta mix, hollandaise sauce and balsamic drizzle.

The Italiano: **15.95**

2 poached eggs with sliced tomato and prosciutto on grilled English muffin, with basil pesto hollandaise.

The Hawaiian: **15.95**

2 poached eggs with honey roast ham and grilled pineapple, topped with honey mustard hollandaise.





Omelettes

All our omelettes are made with 3 eggs and served with homefried potatoes, toast and a tomato or fruit garnish additional toppings \$1.00 each

The Basic:14.25

Filled with cheddar cheese.

The Western:14.95

A delicious mix of peppers, onions, ham and cheddar.

The Low Carb:15.95

Filled with cream cheese and spinach with a hint of garlic.

The BLT:15.95

Filled with bacon and tomato, topped with shredded lettuce and bacon bits, served with caesar dip.

The Hangover:15.95

Packed full of bacon, sausage, peppers, onions and cheddar and served with tobasco mayo dip.

Tomato Basil:14.95

Filled with diced tomato, basil and cheddar.

The Spanish:15.95

A mouthwatering mix of peppers, green onion, olives, cilantro, salsa and cheddar.

The Dubliner:16.95

Filled with a mix of irish pudding and dubliner irish cheese, topped with grilled tomato and grated parmesan cheese.

The Veggie:14.25

Packed with onions, peppers, tomato, mushroms and cheddar cheese.



Pancakes

3 golden brown buttermilk pancakes with icing sugar:9.25

With bacon, sausage or ham.12.95

Add 2 eggs.13.95

Blueberry, apple cinnamon, chocolate chip, or banana rum Add.2.00

Pancakes with fresh fruit and ice cream. ..14.95



French Toast

3 jumbo slices of white or wheat bread, dipped in beaten egg mixed with sugar and cinnamon, grilled to a golden brown and dusted with icing sugar.9.75

With bacon, sausage or ham.12.95

Add 2 eggs.14.95





Signature Crepes

Garden Stuffed: 14.50

2 crepes stuffed with scrambled egg, spinach, red onion, mushrooms and swiss cheese, drizzled with hollandaise sauce.

Chicken Florentine: 15.95

Strips of chicken sauteed with spinach, mushrooms, and red onion, rolled into 2 crepes and drizzled with hollandaise sauce.

Bacon and Cheddar: 15.95

2 crepes filled with scrambled egg, bacon and cheddar served with sour cream.

Strawberry Banana: 14.50

2 crepes filled with sliced strawberry and banana, drizzled with warm chocolate sauce and dusted with icing.

Fruit and Ice Cream: 14.95

2 crepes filled with diced fresh fruit, a side of vanilla icecream and strawberry coulis drizzle.



Light Bites

Soup: 4.25 / 6.50

All our soups are homemade, using fresh, locally sourced ingredients and served with bread roll or crackers.

Chicken Strips 13.95

Served with french fries and plum sauce for dipping.

Mozzarella Sticks 13.95

Served with veggie garnish and marinara sauce for dipping.

Appetizer Side Salads

Garden 5.75

Caesar 5.75

Greek 6.25

Add Chicken 5.00





Specialty Sandwiches

The Reuben: **15.50**

Grilled rye bread, smoked corned beef, sauerkraut and swiss cheese with thousand island and mustard dressing.

Monte Cristo: **14.95**

Oven roasted turkey, honey baked ham and swiss cheese on french toast.

Toast Signature: **16.50**

Sandwich Grilled chicken breast and prosciutto on panini bread with a basil pesto mayo, topped with brushetta mix and drizzled with balsamic reduction.



Sandwiches

All made to order on choice of toast, bagel, panini, or tortilla wrap and served with french fries, soup or garden salad.

New York Club: **14.50**

Warm chicken, bacon and cheddar cheese with lettuce, tomato and mayo.

Turkey Club: **14.50**

Oven roasted turkey breast, bacon, lettuce, tomato, cheese and mayo.

Classic BLT: **13.50**

Bacon, lettuce, and mayo on toast.

Add Cheese **1.5** Add a fried egg **1.5** Add avocado **1.5**

New Orleans: **14.50**

A creamy mix of Cajun spiced chicken, peppers and onions topped with melted cheddar cheese.

The Bombay: **14.50**

Sauteed strips of chicken, onions, and peppers with melted cheddar cheese and tikka mayonnaise with a hint of cilantro.

Fishermans Delight: **15.75**

Smoked salmon and red onion with lemon zest and black pepper cream cheese.

The Dubliner: **15.75**

Shredded roast beef, tomato and onion with a mild creamy horseradish sauce and topped with dubliner Irish cheese.





Quesadillas

All served with sour cream and salsa. Add guacamole.....2.00

Tex Mex:12.50

Chicken, peppers, onions, mushrooms, swiss cheese and tex mex seasoning.

Veggie:11.50

Onions, peppers, mushrooms, sweetcorn olives, tomato and cheese.

Three Cheese:11.50

A blend of swiss, cheddar and mozzarella.

Steak:13.25

Shredded steak, onions, peppers and mushrooms with cheese.

Brunch:12.50

Scrambled egg, bacon, ham, green onion, cheddar and mozzarella cheese, with tex mex seasoning.



Burgers:

All our beef burgers are 6oz AAA steak patties served with lettuce, tomato, onion and pickle, with choice of french fries, garden salad or soup. Add Bacon.

The Classic:15.50

With cheddar cheese, red onion and a mustard mayo.

The Veggie:11.95

A veggie patty with lettuce, tomato and onion, sauteed mushrooms, melted cheddar and dressed with guacamole and salsa.

The Texas:15.95

With bacon, cheddar cheese, BBQ sauce, topped with onion rings.

Mushroom Supreme:15.95

With bacon, onions, mushrooms, and swiss cheese and a creamy mushroom sauce.

The Mexican:15.95

With cheddar cheese, green onion, guacamole, and our homemade salsa.

Blackened Chicken:15.95

Blackened spiced chicken breast, melted cheddar cheese and a creamy Cajun mayo.

Crispy Chicken:15.95

Breaded seasoned chicken breast, melted cheddar cheese and ranch dressing.





Salads

Signature House:15.25

Mixed greens, diced tomato, cucumber, red onion, peppers, egg, sweet corn, dried cranberry, crushed walnuts and cheddar cheese, tossed in our balsamic house dressing.

Bel Air:15.25

Mixed greens, grilled chicken strips, sliced ham, diced tomato, onion, cucumber, bacon and egg with ranch dressing.

South Western:16.25

Sliced chicken, taco seasoning on a bed of mixed greens, sliced avocado, black beans, sweet corn and cilantro lime dressing.

Caesar:11.95

Romaine with croutons, bacon bits, creamy caesar dressing, and topped with shaved parmesan cheese.

Add grilled or crispy chicken.**5.50**

Greek:15.95

Romaine lettuce, diced tomato, cucumber, mix peppers, red onion, calamata olives and crumbled feta cheese in a greek dressing.



Side Orders

Home Fries	4.95	Toast	2.25
French Fries	4.95	Bagel/ English Muffin	2.50
Onion Rings	5.95	Irish Bread	3.00
Poutine	5.95	Potato Bread	4.50
NY Style Poutine ...	7.95	Bacon (4)	4.95
Coleslaw	3.50	Sausage(3)	4.95
Fruit Bowl ..	3.95 / 5.25	Ham (4)	4.95
(2) Irish Pudding ...	4.95	Irish bacon (3)	6.95
Gravy/ Hollandaise ..	2.25	Irish Sausage (3)	5.95
Salad Dressing	1.00		

Little Ones Menu

(all served with juice or milk)

Junior Rise N' Shine8.95

1 egg, 1 bacon, 1 sausage, potatoes and toast.

Short Stack of Pancakes or Old-Fashioned French Toast8.95

With 1 bacon and 1 sausage.

Add blueberry, chocolate chip, apple cinnamon or banana rum to pancake.**1.00**

Junior Omelette8.95

A 2 egg omelette with 2 fillings, potatoes and toast.

Little Ones Lunch Menu

(served with juice or milk)**8.95**

Chicken Tenders with Fries

Grilled Cheese with Fries

Mozza Sticks with Fries

Junior Veggie Plate

Junior Fish N' Chips



Beverages

Daily Grind**2.95**

Breakfast Tea**2.95**

Juice**2.95 / 3.95**

Pop**3.50**

Milk**2.95 / 3.95**

Bottled Water**1.95**

Specialty Teas**4.25**

Specialty Coffees**4.50**

Hot Chocolate**4.50**

Milk Shakes**4.95**

Smoothies**4.95**



We offer a number of Gluten Free options for your meal. Please ask your server

*Hospitality
is
our
word*



www.toastbl.ca

📍 Sherwood Park

📍 St. Albert